

614 Peterson Road
Burlington, WA
360-757-0131



8212 S March
Point
Anacortes, WA
360-588-2800



1725 Continental Place
Mount Vernon, WA
877-522-1275



2105 Continental
Place, Suite A
Mount Vernon, WA
360-399-6900



Pioneer Center North
1960 Thompson
Drive Sedro-Woolley,
WA
360-647-3186



1010 E. College Way
Mount Vernon, WA
360-542-8920

**Skagit Community
Detox**
managed by Pioneer
Human Services

201 Lila Lane
Burlington, WA
360-757-7738



17337 Reservation Road
La Conner, WA
360-466-7256

FOR MORE INFORMATION

Connect to medication options:



Find naloxone and overdose info:

www.stopoverdose.org

Learn more about MAT:

www.samhsa.gov/medication-assisted-treatment

For Skagit County services, see the
Opioid Resource Guide:

English

<https://www.skagitcounty.net/HumanServices/Documents/Opioids/Skagit%20Opioid%20Guide.pdf>

Spanish

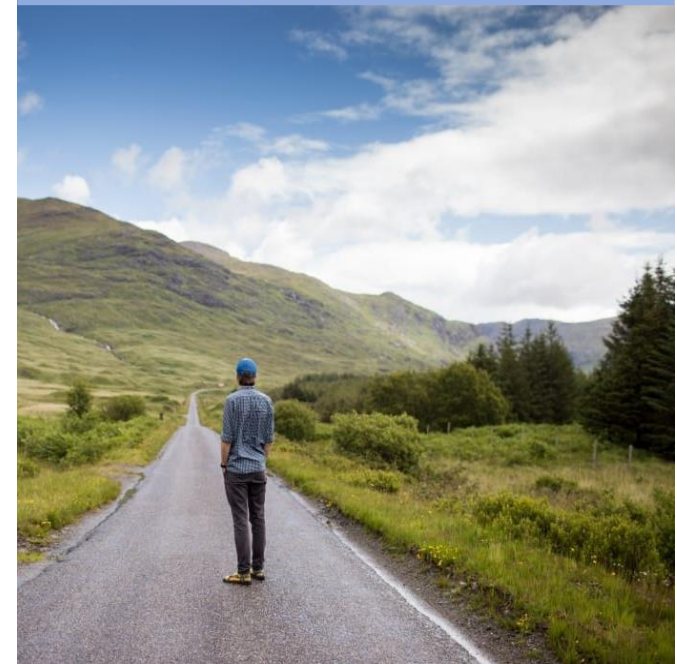
<https://www.skagitcounty.net/HumanServices/Documents/Opioids/Skagit%20Opioid%20Guide%20SP.pdf>



This brochure provides basic information for educational purposes. Speak with a health care professional to make an informed decision that best fits your needs including learning the risks and benefits of all treatment options.

Free to copy or replicate. December 2019

Medication Assisted Treatment for Opioid Use Disorder



Skagit County

ABOUT OUD AND MAT

What is Opioid Use Disorder?

Opioid Use Disorder (OUD) is a long term medical condition. People with the condition are physically dependent on opioids and have brain changes that affect their thinking and relationships.

OUD can come back if not treated properly. You may need to try more than one type of treatment to find what works best for you.

Medication Assisted Treatment

Medication Assisted Treatment (MAT) is proven to be the best treatment method for OUD. MAT is the use of medication, counseling, and behavioral therapies to treat Opioid Use Disorder and prevent overdose.

MAT helps:

- Manage cravings and withdrawal.
- Reduce risk of overdose.
- Improve retention in treatment.
- Improve social functioning.
- Increase one's ability to gain and maintain employment.

MAT in Skagit County

If you or someone you know is suffering from OUD, treatment is available.

You can be in recovery and be on medications at the same time.

QUICK REFERENCE FOR MAT PROGRAMS

Treatment Program	Under Age of 18	PPW	Medicaid/Apple Health	Medicare	Private Insurance	MAT Type
Catholic Community Services		X	X		X	S, V
didg ^w álič Wellness Center		X	X	X	X	M, S, V
Ideal Options	X	X	X	X	X	S, V
Lifeline Connections		X	X	X	X	S, V
Pioneer Center North (In-Patient Only)			X			S, V
Sea Mar Behavioral Health Center	X		X	X		S
Skagit Community Detox			X	X	X	S
Swinomish Wellness Program (Tribal Members Only)	X		X	X		S, V

ABBREVIATIONS:

PPW = Pregnant & Parenting Women; MAT = Medication Assisted Treatment; S= Suboxone™; M=Methadone; V=Vivitrol™

TREATMENT MEDICATIONS

	Methadone	Buprenorphine (Suboxone™ and others)	Naltrexone (Vivitrol™)
Opioid Effect	A full opioid medication.	A partial opioid medication.	None. An opioid blocker.
Typical Form	Daily oral medication.	Daily oral medication (implant or injection possible).	Monthly injection.
Visit Frequency	6 days a week to start; can decrease overtime.	Varies from daily to monthly.	Varies from weekly to monthly.
Cravings and Withdrawal	Manages cravings and withdrawal by binding to opioid receptors.	Manages cravings and withdrawal by binding to opioid receptors.	Can manage cravings for some people.
Counseling	Counseling and regular urine drug tests are required.	Requirements vary.	Requirements vary.